# Early Intervention Family Worker Newsletter 13<sup>th</sup> December 2021



#### Natalie

Early Intervention Family Workers offer you an opportunity to ask for information, advice, and support on anything affecting your family life in a relaxed and confidential environment. (During the coronavirus pandemic we are still offering support, however this is currently on a virtual basis)

### **Activity Idea**



Use old workbooks, magazines, plain paper to create some snowflakes.

Decorate your house and create your own winter wonderland.

Fun Paper Snowflake Craft #Shorts - Bing video

Using scissors helps to strengthen hand muscles which are important in every day activities such as drawing, writing, using cutlery, brushing teeth and getting dressed.

## **Parenting Top Tip**

Online safety | Barnardo's (barnardos.org.uk)

- 1. Show interest in your child's Digital life
- 2. Discuss what healthy and unhealthy online behaviour looks like
- Encourage your child to use ageappropriate sites
- 4. Enable your child to have digital access in the same room as you
- 5. Discuss how information might be shared online
- 6. Agree privacy settings
- 7. Encourage your child to talk to someone if they view something online that has worried / upset them or doesn't feel right.

#### **Another Resource**

Parents' guide to setting up parental controls on devices

<u>Use Parental Controls to Keep Your Child Safe |</u>
NSPCC

**Does** your child have, or potentially have, an additional need or disability? Pinpoint (www.pinpoint-cambs.org.uk) have lots of information, advice and tips. For Cambridgeshire's Local Offer go to www.cambridgeshire.gov.uk/residents/children-and-families/local-offer

