PSHE Whole School/Same Theme Long term Plan

Year A 2021-2022	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
SEAL	New Beginnings	Getting on & falling out	Going for goals	Good to be me		
Foundation	Beginning and Belonging MMRR1 BBF	Family and Friends (inc. anti-bullying) MMR2 FFF My Emotions MMR3 MEF	Me and my World Cit2 MWF	My Body and Growing Up HSL1 BGF	Keeping Safe (inc. Drug Education) HSL2 KSF	Healthy Lifestyles HSL3 HLF
Year 1 & 2 Year 3 & 4	Beginning and Belonging MMR4 BB12 MMR9 BB34 MMR14 BB56	Family and Friends MMR6 FF12 MMR11 FF34 MMR16 FF56	Working Together Cit3 WT12 Cit6 WT34 Cit9 WT56	Sex & Relationships Education HSL6 SR1 HSL10 SR2 HSL13 SR3	Managing Safety and Risk HSL4 MR12 HSL11 MR34 HSL18 MR56	Healthy Lifestyles HSL7 HL12 HSL14 HL34 HSL21 HL56
Year 5 & 6	Digital Lifestyles (covered through computing curriculum see also teaching guidance/ e-safety unit)	Anti-Bullying MMR 7 AB12 MMR12 AB34 MMR 17 AB56	Financial Capability EW1 FC12 EW2 FC34 EW3 FC56	HSL17 SR4 HSL20 SR5 HSL24 SR6		
Year B 2022-2023	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
SEAL	New Beginnings	Say No to bullying	Relationships			Changes
Foundation	Beginning and Belonging MMRR1 BBF	Family and Friends (inc. anti-bullying) MMR2 FFF My Emotions MMR3 MEF	Identities & Diversity Cit1 1DF	My Body and Growing Up HSL1 BGF	Keeping Safe (inc. Drug Education) HSL2 KSF	Healthy Lifestyles HSL3 HLF
Year 1 & 2	Rules and responsibilities	My Emotions MMR5 ME12 MMR10 ME34	Diversity and communities	Drug Education HSL8 DE12 HSL15 DE34	Personal Safety HSL9 PS12 HSL16 PS34	Managing Change MMR8 MC12 MMR13 MC34
Year 3 & 4	Cit5 RR12 Cit8 RR34 Cit11 RR56	MMR15 ME56	Cit4 DC12 Cit7 DC34 Cit10 DC56	HSL22 DE56	HSL23 PS56	MMR18 MC56
Year 5 & 6	Digital Lifestyles (covered through computing curriculum see also teaching guidance/ e-safety unit)	Anti-Bullying MMR7 AB12 MMR12 AB34 MMR17 AB56			Sex & Relationships Education HSL20 SR5 HSL24 SR6	