## PSHE Including Citizenship and British Values – Long Term – Two Year Rolling Programme

15/16	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
SEAL	New beginnings	Getting On and Falling Out	Going for Goals	Good to be Me		
Class 1	Beginning and Belonging	Family and Friends (Incl. anti-bullying) My Emotions	Me and My World	My Body and Growing Up	Keeping Safe (incl. Drug Education)	Healthy Lifestyles
Class 2 & 3	Beginning and Belonging	Family and Friends Anti-bullying	Working Together Financial Capability	Sex & Relationships Education	Managing Risk Safety Contexts	Healthy Lifestyles

16/17	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
SEAL	New beginnings	Say No to Bullying	Relationships			
Class 1	Beginning and Belonging	Family and Friends (Incl. anti-bullying) My Emotions	Identities and Diversity	My Body and Growing Up	Keeping Safe (incl. Drug Education)	Healthy Lifestyles
Class 2 & 3	Rights, Rules and Responsibilities	My Emotions Anti-bullying	Diversity and Communities	Drug Education	Personal Safety	Managing Change