

Early Intervention Family Worker Newsletter

16th May 2022



I am currently having some technical issues with my phone connectivity please try and contact me via email or the alternative number at the bottom of this newsletter if possible or let your school know if you have been trying to reach me. *Natalie*

Fun Activities for half term

Make a simple obstacle course for a creative game. This also reinforces the concept of sequence and direction.

Have a nature hunt to find different types of flowers, rock and leaves.



5 Parenting Tips.

#1 Be a good role model

Don't just tell your child what you want them to do. Show them.

#2 Be a safe haven for your child.

Children raised by parents who are consistently responsive tend to have better emotional regulation.

#3 Talk with your child.

By keeping an open line of communication you will have a better relationship with your child and they will come to you when there is a problem.

#4 Pay attention to your own wellbeing.

Don't be afraid to ask for parenting help. Having some me time for self-care is important.

#5 Keep things in perspective and

remember your parenting goal.
What is your goal of raising a child?

National Autistic Society

The Cambridge branch of the National Autistic Society provides support to individuals of all ages with autism and their families and carers and campaigns for better local services for those living with autism in Cambridgeshire.

To contact the Cambridge branch please call 07920 150407

Does your child have, or potentially have, an additional need or disability? Pinpoint (www.pinpoint-cambs.org.uk) have lots of information, advice and tips. For Cambridgeshire's Local Offer go to www.cambridgeshire.gov.uk/residents/children-and-families/local-offer



Cambridgeshire
County Council

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