

Early Intervention Family Worker Newsletter

19th April 2022



Natalie

Early Intervention Family Workers offer you an opportunity to ask for information, advice, and support on anything affecting your family life in a relaxed and confidential environment. (During the coronavirus pandemic we are still offering support, however this is currently on a virtual basis)

Activity Idea

18th April is a Heritage Day

Top 10 Family Days out Map

You can create a Top 10 of favourite places you have visited or where you would like to go. This could be a local park, seaside, forest, back garden.... It's your choice!

You will need:

1. A picture or photo of a place. You can use your own if you have visited or you can find a picture online; or you can draw it!
2. A large sheet of paper and a glue.
3. Lots of colours.

How to do:

Once you have decided on your Top 10 places stick the pictures on a large sheet of paper and write what was good about that place or why you would like to visit it. Decorate the whole sheet of paper.



Getting children interested in gardening

- Give children their own garden space. (This does not have to be big. You can start with a large container or a few pots.)
- Involve older children in the planning and design of the garden.
- Use lightweight, easy-to-handle, correct-sized tools and garden equipment.
- Encourage children to dig in the dirt. (Younger children love making mud pies)
- Grow interesting plants such as sunflowers, corn, pumpkins, tomatoes and strawberries.
- Use a trellis or teepee to grow beans or sweet peas.
- Plant flowers that attract butterflies, ladybirds and other interesting insects or birds.
- Make a scarecrow.
- Install a water feature, a birdbath or a sundial.
- Set up a worm farm.

[Gardening Without a Garden \[UK\] » Shetland's Garden Tool Box](#)

[How to do some gardening without a garden | The University of Hertfordshire \(herts.ac.uk\)](#)

Another Resource

<https://www.dayoutwithkids.co.uk>

[Gardening for children - Better Health Channel](#)

[Children: getting them interested in gardening / RHS Gardening](#)

[Community Gardens Award - National Garden Scheme \(ngs.org.uk\)](#)

Does your child have, or potentially have, an additional need or disability? Pinpoint (www.pinpoint-cambs.org.uk) have lots of information, advice and tips. For Cambridgeshire's Local Offer go to www.cambridgeshire.gov.uk/residents/children-and-families/local-offer



Cambridgeshire
County Council

Contact me directly on 📞 Mobile: 07824551901
Office: 01354 750419 or
natalie.ulugun@cambridgeshire.gov.uk